



JIM DESMOND
SUPERVISOR, FIFTH DISTRICT
SAN DIEGO COUNTY BOARD OF SUPERVISORS

AGENDA ITEM

COUNTY OF SAN DIEGO
2019 JUL 29 PM 12:01
CLERK OF THE BOARD
OF SUPERVISORS

DATE: August 6, 2019

06

TO: Board of Supervisors

SUBJECT

MEDICATION ASSISTED TREATMENT PROGRAMS (DISTRICTS: ALL)

OVERVIEW

In 2018, the Board of Supervisors approved the local implementation of the Drug Medi-Cal Organized Delivery System. Contracting and oversight of local Medication Assisted Treatment (MAT) offered through Opioid Treatment Programs was turned over from the State of California to the County of San Diego (County).

As a part of this implementation, we need to ensure our neighborhoods and communities are protected from the impacts of clinics while serving residents suffering with opioid use disorder as required under Federal law. Currently, we have an opportunity to do this through the Drug Medi-Cal Organized Delivery System.

Today's action directs the Chief Administrative Officer develop local guidelines to ensure current MAT programs are in full compliance with federal and state guidelines and patient treatment expectations are being delivered.

RECOMMENDATION(S)

SUPERVISOR JIM DESMOND

Direct the Chief Administrative Officer to return to the Board of Supervisors within 180 days with the following:

1. Develop local criteria, within the scope of Federal law, for siting and operating Medication Assisted Treatment (MAT) clinics;
2. Provide a corrective action plan for clinic locations that are not in conformance; and
3. Create an outreach plan to facilitate and encourage the mobilization of primary care physicians to offer MAT services.

FISCAL IMPACT

N/A

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BUSINESS IMPACT STATEMENT

N/A

ADVISORY BOARD STATEMENT

N/A

BACKGROUND

The opioid crisis continues to expand in the United States, especially in the State of California. The Center for Disease Control and Prevention (CDC) reports that more than 70,000 people died across the country in 2017 from drug overdoses with 68% of those deaths being the result of a prescription or illicit opioid. This translates to 130 people in our country dying every day from an overdose. This national epidemic has developed serious repercussions for California residents. Furthermore, the CDC reports that between 2016 and 2017, over 4200 Californians died of opioid abuse, leading the organization to classify the state as a statistically significant state in drug overdose deaths. The San Diego Treatment Addiction Center reports that since 2013, hospitals treated over 11,500 patients who were suffering from opioid abuse, a 50% increase since 2006, with adults between the ages of 25 and 54 holding the highest rate of opioid deaths.

In 2017, there were 208 deaths related to prescription opioids in San Diego County. This mirrors a broader national problem of misuse of prescribed medications and opioids, with opioid overdoses and deaths at epidemic levels in many jurisdictions across the United States.

Beginning in 2018, the County took an important step forward in building a better local service delivery system for individuals with substance use disorders, through the Board's approval of the local implementation of the Drug Medi-Cal Organized Delivery System. As a part of this implementation, the State of California turned over the contracting and oversight of local Medication Assisted Treatment (MAT) offered through Opioid Treatment Programs to the County of San Diego.

Given current system transformation efforts in the form of Drug Medi-Cal Organized Delivery System; community sentiments related to safety surrounding community-based service provision; and importance of MAT for opioid use disorder in supporting positive outcomes; the timing is ideal to develop guidelines that support further optimization of clinical care as well as community safety.

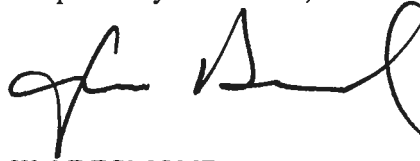
A source for the development of local guidelines should include guidelines developed and disseminated by the Federal Substance Abuse and Mental Health Services Administration. As a matter of Federal law and policy, these guidelines currently apply to Opioid Treatment Programs within San Diego County, but we have an opportunity in our continued implementation of the Drug Medi-Cal Organized Delivery System to adapt these and make guidelines more meaningful for local contexts. This will involve convening of community stakeholders and conducting data analysis to assess local need. These planning processes will take time, nonetheless, will be critical to the development of guidelines that reflect best care practices, and that best address the needs of San Diego County's communities.

The County of San Diego has taken great strides in accessing and implementing opioid prevention and education components. This is most recently reflected in an item before the

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Board of Supervisors on July 23, 2019, which presented an updated *County of San Diego Strategic Plan to Address Opioid and Prescription Drug Misuse*. The plan builds upon over a decade of local efforts to better understand opioid and prescription drug misuse and develops multi-level and multi-sector strategies to halt this epidemic.

Respectfully submitted,

A handwritten signature in black ink, appearing to read 'Jim Desmond', written in a cursive style.

JIM DESMOND
Supervisor, Fifth District

ATTACHMENT(S)

N/A

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AGENDA ITEM INFORMATION SHEET

REQUIRES FOUR VOTES: Yes No

WRITTEN DISCLOSURE PER COUNTY CHARTER SECTION 1000.1 REQUIRED

 Yes No

PREVIOUS RELEVANT BOARD ACTIONS:

July 23, 2019 (5), Receive Prescription Drug Abuse Plan Update

BOARD POLICIES APPLICABLE:

N/A

BOARD POLICY STATEMENTS:

N/A

MANDATORY COMPLIANCE:

N/A

**ORACLE AWARD NUMBER(S) AND CONTRACT AND/OR REQUISITION
NUMBER(S):**

N/A

ORIGINATING DEPARTMENT: Jim Desmond, Supervisor, Fifth District

OTHER CONCURRENCE(S): N/A

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